

# Running Day - 10K

sabato 16 maggio 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
1	281	MOKRAJI LAHCEN	DAINI CARATE BRIANZA	MAR	ASM	1	00:30:58	00:30:58	19,37
2	283	TYAR ABDELHADI	ATL. GAVARDO '90 LIB.	MAR	ASM	2	00:31:06	00:31:06	19,29
3	270	SLIMANI BENZAOUZ	CO-VER SPORTIVA MAPEI	MAR	ASM	3	00:31:16	00:31:16	19,18
4	1	BOUSSEHAIB RADOUAN	POL. HYPPODROM '99 PONTOGLIO	MAR	ASM	4	00:31:23	00:31:23	19,12
5	2	RIBAG SAAD	POL. HYPPODROM '99 PONTOGLIO	MAR	ASM	5	00:32:36	00:32:36	18,40
6	282	RIMI MUSTAPHA	ATL. REBO GUSSAGO	ITA	ASM	6	00:32:44	00:32:44	18,33
7	148	BRAMBILLA MARCO	ATL. SAN MARCO U.S. ACLI		MM4	1	00:33:00	00:32:59	18,19
8	305	DIMICCOLI ROBERTO	ATL. LECCO-COLOMBO COSTRUZ.	ITA	ASM	7	00:33:04	00:33:02	18,17
9	5	GERVASINI ROSSANO	LA RECASTELLO RADICI GROUP		ASM	8	00:33:41	00:33:41	17,81
10	298	GUFFANTI FAUSTO	individuale	ITA	MM4	2	00:34:29	00:34:28	17,40
11	183	SALINETTI MICHELE	G.S. C.S.I. MORBEGNO		MM3	1	00:34:32	00:34:32	17,38
12	219	OSTINI IGOR	CANTON TICINO		MM3	2	00:34:34	00:34:33	17,36
13	191	BASOLI ANDREA	RUNNERS VALBOSSA-AZZATE		MM3	3	00:34:56	00:34:55	17,18
14	278	AFFABILE GIUSEPPE	ATL. CASTENASO CELTIC DRUID	ITA	ASM	9	00:35:12	00:35:11	17,05
15	95	STELLA GIOVANNI	ATLETICA EST TORINO		MM4	3	00:35:23	00:35:23	16,96
16	167	GIANNETTO FILIPPO	G.P. CASALESE		MM4	4	00:35:37	00:35:36	16,85
17	233	BRUNETTI ANGELO	individuale		MM4	5	00:35:39	00:35:38	16,84
18	139	BASSETTO PAOLO	VA661		MM3	4	00:35:51	00:35:50	16,74
19	280	POLETTI ENZO	ATL. SAN MARCO U.S. ACLI	ITA	MM3	5	00:35:55	00:35:54	16,72
20	108	RAZIONALE PASQUALE	AZZURRA GARBAGNATE M.SE		MM5	1	00:35:57	00:35:56	16,70
21	156	POZZI ANDREA	FRIESIAN TEAM		MM3	6	00:36:03	00:36:01	16,66
22	17	PISTONE IVAN	RUNNING SARONNO		ASM	10	00:36:17	00:36:17	16,54
23	33	TEKLE FIKRE	A.S. LANZADA	ITA	ASM	11	00:36:28	00:36:28	16,46
24	165	BONGINI MASSIMO	ATL. SAN MARCO U.S. ACLI		MM4	6	00:36:46	00:36:45	16,32
25	3	CATTANEO MARCO	FIAMME ORO		ASM	12	00:37:06	00:37:05	16,18
26	150	AIRAGHI UMBERTO	AZZURRA GARBAGNATE M.SE		MM4	1	00:37:18	00:37:16	16,10
27	9	NARDI DIEGO	SEPRIO RUNNING		ASM	13	00:37:23	00:37:22	16,06
28	275	ROSSI PAOLO	ATL. SAN MARCO U.S. ACLI	ITA	MM4	7	00:37:28	00:37:28	16,01
29	73	COPPA PIER GISEPPE	AZZURRA GARBAGNATE M.SE		MM4	2	00:37:36	00:37:34	15,97
30	6	SALVATORE ENZO	EUROATLETICA 2002		ASM	14	00:37:42	00:37:42	15,92
31	135	SENESTRARI GIANCARLO	G.S. VALGEROLA CIAPPARELLI		MM5	2	00:37:54	00:37:53	15,84
32	189	ROMANI EDOARDO	RUNNERS VALBOSSA-AZZATE		MM5	1	00:37:57	00:37:56	15,82
33	295	LAARAICHI SIHAM	POL. HYPPODROM '99 PONTOGLIO	MAR	ASF	1	00:37:57	00:37:57	15,81
34	157	FAZZARI BRUNO	G.P. MIRALAGO		MM4	8	00:37:59	00:37:56	15,82
35	300	MAZZILLI FRANCESCO	AMATORI ATL. CASORATE S.	ITA	MM5	3	00:38:00	00:37:58	15,80
36	152	FRIGERIO LUCA	EUROATLETICA 2002		MM3	7	00:38:03	00:38:01	15,78
37	137	CATTANEO FABIO	PHYSIOWELL		MM3	8	00:38:14	00:38:11	15,71
38	54	CAPPA MAURIZIO	ATL. MEDA-ARRED.SIMONETTO		MM5	4	00:38:23	00:38:20	15,65
39	25	RIMOLI FRANCESCO	ATL. CESANO MADERNO		ASM	15	00:38:33	00:38:32	15,57
40	297	BARBUGIAN RENZO	DAINI CARATE BRIANZA	ITA	MM4	9	00:38:38	00:38:34	15,56
41	141	SESANA RENATO	TRIATHLONLECCO		MM4	3	00:38:40	00:38:38	15,53
42	293	CREANZI PIERENRICO	ATL. TREVIGLIO	ITA	MM4	10	00:38:43	00:38:42	15,51
43	131	FORTE EMANUELE	ATL. SAN MARCO U.S. ACLI		MM4	11	00:38:54	00:38:53	15,43
44	122	ROMAGNONI GIANLUCA	TRIATHLONLECCO		MM4	12	00:39:07	00:39:06	15,35
45	158	GIROLA ROBERTO	G.P. MIRALAGO		MM4	4	00:39:17	00:39:14	15,30
46	91	DENTE ROLANDO	RUNNING SARONNO		MM4	13	00:39:19	00:39:18	15,27
47	30	VERZEROLI DANIELE	ASD MAPEI SPORT		ASM	16	00:39:20	00:39:17	15,27
48	118	PAGANI RICCARDO	ROAD RUNNERS CLUB MILANO		MM4	14	00:39:21	00:39:13	15,30
49	206	SCHNEIDER NICHIUDDO	individuale		MM4	5	00:39:31	00:39:29	15,20
50	124	UGAZIO GIAN MARIO	ATL. 99 VITTUONE		MM3	9	00:39:45	00:39:43	15,11
51	16	UBOLDI ERMES	G.A.P. SARONNO		ASM	17	00:39:52	00:39:50	15,06
52	155	BOMBELLI ANNALISA	BETTI'S GRUP RUN		ASF	2	00:39:53	00:39:52	15,05
53	4	MORACCI JACOPLA	GINNASTICA COMENSE 1872		ASF	3	00:40:02	00:40:00	15,00

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
54	123	BIZZANELLI MARCO	ATHLETIC TEAM LARIO		MM4	15	00:40:06	00:40:04	14,97
55	181	MASSARI ROSANNA	G.S. MONTESTELLA		ASF	4	00:40:09	00:40:08	14,95
56	285	PIROLA MATTEO	ROAD RUNNERS CLUB MILANO	ITA	ASM	18	00:40:11	00:40:08	14,95
57	7	SOLIMAN MARTINA	P.B.M. BOVISIO MASCIAGO		ASF	5	00:40:12	00:40:10	14,94
58	151	MANDELLI ARNALDO	G.P. SANTI NUOVA OLONIO		MM4	6	00:40:13	00:40:10	14,94
59	103	PEDROLINI GIOVANNI	ROAD RUNNERS CLUB MILANO		MM4	7	00:40:20	00:40:16	14,90
60	92	SQUILLACE LUIGI	G.S. MONTESTELLA		MM5	2	00:40:31	00:40:28	14,83
61	52	MARCHETTI MARIO	G.S. MONTESTELLA		MM4	8	00:40:36	00:40:34	14,79
62	113	NEGRI LUCA	TRIATHLONLECCO		MM3	10	00:40:46	00:40:42	14,74
63	117	BORDO SALVATORE	RUNNING SARONNO		MM3	11	00:40:48	00:40:43	14,73
64	77	VANZULLI STEFANO	RUNNING SARONNO		MM3	12	00:40:52	00:40:50	14,70
65	188	RIZZI GABRIELE	RUNNERS VALBOSSA-AZZATE		MM3	13	00:40:53	00:40:50	14,69
66	254	BASILICO DAVIDE ALBERTO	TOMMY SPORT- LA VALLE DEL LURA	ITA	MM4	9	00:40:55	00:40:54	14,67
67	205	VALENTINI LORENZO	individuale		MM3	14	00:40:56	00:40:52	14,68
68	213	FERREIRA PERALTA OCTAVIO	individuale		ASM	19	00:40:59	00:40:55	14,66
69	21	RIZZATO DANIELE	RUNNING SARONNO		ASM	20	00:41:03	00:41:01	14,63
70	186	ZANOTTI MARIO	RUNNERS VALBOSSA-AZZATE		MM4	10	00:41:05	00:41:02	14,62
71	86	COLUZZI DAVIDE	G.S. MONTESTELLA		MM3	15	00:41:10	00:41:07	14,59
72	243	COLAVECCHIO GIUSEPPE	ATLETICA PARABIAGO	ITA	MM5	3	00:41:12	00:41:11	14,57
73	302	RANUCCI STEFANO	AZZURRA GARBAGNATE M.SE	ITA	MM4	16	00:41:17	00:41:15	14,54
74	272	FUMAGALLI LUISA	CANOTTIERI MILANO	ITA	MF3	1	00:41:26	00:41:24	14,49
75	69	RADICE ROBERTO	AZZURRA GARBAGNATE M.SE		MM4	11	00:41:29	00:41:27	14,48
76	72	VERGA GIUSY	AZZURRA GARBAGNATE M.SE		MF4	1	00:41:41	00:41:40	14,40
77	142	GRIANTI IVAN	A.ATL. CASOREZZO		MM3	16	00:41:47	00:41:43	14,38
78	57	BASILICO FABRIZIO	G.A.P. SARONNO		MM3	17	00:41:51	00:41:49	14,35
79	292	COLOMBO GIORGIO	S.I.S. ATL. 86	ITA	MM4	17	00:41:56	00:41:54	14,32
80	97	VEZZA DOMENICO	G.S. AVIS OGGIONO		MM3	18	00:42:05	00:42:02	14,28
81	214	FILIPPINI DIONIGI	individuale		MM4	18	00:42:08	00:42:04	14,26
82	70	GRIFA MARIO	AZZURRA GARBAGNATE M.SE		MM4	12	00:42:12	00:42:10	14,23
83	192	DI GREGORIO ELISABETTA	RUNNERS VALBOSSA-AZZATE		MF3	2	00:42:14	00:42:11	14,22
84	180	BORGHESI ALDO	AZZURRA GARBAGNATE M.SE		MM6	1	00:42:19	00:42:18	14,18
85	260	MEZZANZANICA MARCO	individuale	ITA	MM4	19	00:42:28	00:42:23	14,16
86	168	BORGHESI CESARE	MARCIATORI MOZZATESI AVIS		MM4	20	00:42:30	00:42:27	14,13
87	247	PANIZ SANDRO	ATHLETIC TEAM LARIO	ITA	MM5	4	00:42:33	00:42:30	14,12
88	19	SPREAFICO MARCELLO	ATL. LAGO DEL SEGRINO		ASM	21	00:42:34	00:42:31	14,11
89	153	MARTINELLI AURELIO	ATL. COMO		MM3	19	00:42:34	00:42:31	14,11
90	63	FALCO MAURO	G.A.P. SARONNO		MM4	13	00:42:34	00:42:31	14,11
91	28	BALLABIO TIZIANO	TRIATHLONLECCO		ASM	22	00:42:41	00:42:39	14,07
92	15	PREATONI RAFFAELLA	GINNASTICA COMENSE 1872		ASF	6	00:42:43	00:42:42	14,05
93	307	GAIATI MASSIMO	individuale	ITA	MM3	20	00:42:43	00:42:35	14,09
94	144	MORONI MARCO	ATL. VIRTUS SENAGO		MM4	14	00:42:45	00:42:42	14,05
95	81	MEDUGNO ROBERTO	G.A.P. SARONNO		MM4	21	00:42:47	00:42:44	14,04
96	174	LATTUADA GIORGIO	AMATORI ATL. CASORATE S.		MM5	5	00:42:58	00:42:50	14,01
97	242	NACCARI FEDERICO	AZZURRA GARBAGNATE M.SE	ITA	MM3	21	00:43:00	00:42:59	13,96
98	127	CASTI SIMONE	ATL. SAN MARCO U.S. ACLI		MM4	15	00:43:04	00:43:03	13,94
99	221	ROCCASALVO GIUSEPPE	individuale		MM3	22	00:43:05	00:43:04	13,93
100	75	RIZZO VINCENZO	G.S. AVIS OGGIONO		MM5	5	00:43:06	00:43:04	13,93
101	96	DESTRO STEFANO	G.S. AVIS OGGIONO		MM4	22	00:43:06	00:43:04	13,93
102	187	GRISOTTO RITA	RUNNERS VALBOSSA-AZZATE		MF4	2	00:43:07	00:43:03	13,94
103	236	MISSAGLIA GIANLUCA	individuale		MM3	23	00:43:19	00:43:17	13,86
104	208	MONTEROSSO FLAVIO GIUSEPPE	individuale		MM3	24	00:43:28	00:43:25	13,82
105	227	FERRARI MASSIMO	individuale		ASM	23	00:43:29	00:43:25	13,82
106	211	CAMPI MASSIMILIANO	individuale		MM4	23	00:43:36	00:43:29	13,80

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
107	164	CORTI IVAN	POL. NOVATE		MM3	25	00:43:41	00:43:36	13,76
108	178	TURATI PAOLO	ROAD RUNNERS CLUB MILANO		MM4	24	00:43:42	00:43:35	13,76
109	258	PALMA LORENZO	PODISTICA MEZZANESE	ITA	MM4	16	00:43:44	00:43:42	13,73
110	71	LO PRESTI ROSARIO	AZZURRA GARBAGNATE M.SE		MM4	17	00:43:48	00:43:45	13,71
111	120	PRICE CHRISTUPNER	AZZURRA GARBAGNATE M.SE		MM4	25	00:43:48	00:43:45	13,72
112	110	CRIVELLI GIUSEPPE	RUNNING SARONNO		MM4	18	00:43:49	00:43:43	13,72
113	143	VESCARELLI MARCO	PODISTICA MYRICA ASS.CULT.AMB	ITA	MM4	26	00:43:50	00:43:44	13,72
114	308	ROVATI DANIELE	individuale	ITA	MM4	19	00:44:07	00:43:59	13,64
115	241	GUERRINI MARCO	RUNNING SARONNO	ITA	MM4	20	00:44:07	00:44:03	13,62
116	256	MANZIONNA MICHELANGELO	G.P. MARCIATORI COGLIATE	ITA	MM4	27	00:44:08	00:44:02	13,62
117	31	GUFFANTI MATTIA	RUNNING SARONNO	ASM	24		00:44:09	00:44:02	13,62
118	89	PIROVANO GIORGIO	PRO PATRIA CUS MILANO		MM4	21	00:44:09	00:44:08	13,60
119	76	OLIVA ALBERTO	G.A.P. SARONNO		MM4	22	00:44:10	00:44:02	13,62
120	101	LEPSCHY ALESSANDRO	A.S. CANTURINA POL. S.MARCO		MM4	23	00:44:20	00:44:13	13,57
121	301	GERVASONI MANUEL	P&C PODISMOECAZZEGGIO	ITA	MM3	26	00:44:21	00:44:17	13,55
122	128	VOLONTIERI LUCA	ATH.RUNNER & CLIMBER BUSTO A.		MM3	27	00:44:24	00:44:20	13,53
123	294	CANCELLIERI GIORGIO	individuale	ITA	MM5	6	00:44:36	00:44:33	13,47
124	125	ORLANDI DARIO	RUNNERS VALBOSSA-AZZATE		MM5	7	00:44:42	00:44:34	13,46
125	229	JAMIESON DUNCAN	individuale		MM4	28	00:44:44	00:44:39	13,44
126	159	PATTANO ALFREDO	ATL. SAN MARCO U.S. ACLI		MM3	28	00:44:44	00:44:37	13,45
127	87	TESOLIN MARCO	TURIN MARATHON		MM3	29	00:44:57	00:44:53	13,37
128	252	GULANI STEFANO	RUNNING SARONNO	ITA	ASM	25	00:44:58	00:44:51	13,38
129	217	PIANTANIDA IVANO	individuale		MM3	30	00:44:59	00:44:55	13,36
130	83	CERBARO GIORGIO	RUNNING SARONNO		MM3	31	00:45:00	00:44:57	13,35
131	216	GALMARINI GIUSEPPE	individuale		MM4	29	00:45:02	00:44:54	13,36
132	251	BASILICO ROBERTO	individuale	ITA	MM3	32	00:45:02	00:44:56	13,35
133	288	ARZANI GIORGIO	individuale	ITA	MM5	8	00:45:08	00:45:03	13,32
134	55	GAVIOLI MASSIMO	AMATORI MASTERS NOVARA		MM4	24	00:45:09	00:45:04	13,31
135	121	MELIS ADONELLA	AZZURRA GARBAGNATE M.SE		MF4	1	00:45:17	00:45:14	13,27
136	182	FERRETTI RICCARDO	ATHLETIC TEAM LARIO		MM4	25	00:45:18	00:45:16	13,26
137	27	SCURATTI MASSIMILIANO	ROAD RUNNERS CLUB MILANO	ASM	26		00:45:23	00:45:14	13,27
138	67	CANGIAMILA SABINA	AZZURRA GARBAGNATE M.SE		MF3	3	00:45:28	00:45:26	13,21
139	146	MANZO GIUSEPPE	ATL. LAMBRO MILANO		MM3	33	00:45:28	00:45:20	13,23
140	147	ACQUARO MATTEO LUIGI	ATL. LAMBRO MILANO		MM3	34	00:45:30	00:45:22	13,23
141	271	BORGHINI ALBERTO	O.S.A. SARONNO LIB.	ITA	MM4	30	00:45:41	00:45:39	13,15
142	276	SCOLARI LODOVICO	individuale	ITA	MM4	31	00:45:47	00:45:41	13,13
143	179	PAVIA GIANLUCA	ROAD RUNNERS CLUB MILANO		MM3	35	00:45:50	00:45:39	13,14
144	248	SILVA MAURO	ATL. LIB. FAEVER UBOLDO	ITA	MM4	26	00:45:52	00:45:43	13,12
145	190	APRILE ALEXIA	RUNNERS VALBOSSA-AZZATE		MF4	2	00:45:59	00:45:55	13,07
146	145	DAMIANI VALERIO	RUNNING SARONNO		MM4	27	00:46:01	00:45:56	13,06
147	149	TAGLIABUE STEFANO	TOMMY SPORT- LA VALLE DEL LURA	ITA	MM4	28	00:46:04	00:45:58	13,05
148	100	CONTI PAOLO	ATL. LAMBRO MILANO		MM4	29	00:46:19	00:46:15	12,97
149	140	DE MARCO ANTONIO	ATL. LAMBRO MILANO	ITA	MM4	32	00:46:19	00:46:17	12,96
150	114	PENNELLA ANDREA	ATL. LAMBRO MILANO		MM5	6	00:46:19	00:46:17	12,96
151	249	PONTI ROBERTO	individuale	ITA	MM4	30	00:46:28	00:46:24	12,93
152	220	URBANI ALESSANDRO	individuale		MM3	36	00:46:29	00:46:18	12,96
153	13	CONTI ENRICO	RUNNING SARONNO	ASM	27		00:46:35	00:46:24	12,93
154	66	RONCORONI PIERO	RUNNING SARONNO		MM3	37	00:46:41	00:46:30	12,90
155	59	RADRIZZANI MASSIMO	ATL. LIB. FAEVER UBOLDO		MM4	33	00:46:42	00:46:33	12,89
156	261	ORTOLANI GRAZIANO	individuale	ITA	MM4	34	00:46:44	00:46:39	12,86
157	104	MAGISTRO LEONARDO	MILANO CITY MARATHON CLUB		MM4	31	00:46:48	00:46:42	12,85
158	115	LARATTA LEONARDO	G.S. MONTESTELLA		MM5	7	00:46:49	00:46:46	12,83
159	85	RIVA ROBERTO	G.A.P. SARONNO		MM5	8	00:47:02	00:46:55	12,79

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160	65	TESTA STEFANO	ROAD RUNNERS CLUB MILANO		MM4	35	00:47:06	00:47:01	12,76
161	98	PASERO DAVIDE	GRUPPO AMICI CORSA PETTINENGO		MM4	36	00:47:06	00:46:59	12,77
162	296	FANTINI ALBERTO	individuale	ITA	MM5	9	00:47:12	00:47:09	12,73
163	82	CRISPONI SALVATORE	LA MICHETTA		MM5	10	00:47:20	00:47:14	12,70
164	105	SANTORO ROCCO	RUNNING SARONNO		MM5	9	00:47:24	00:47:21	12,67
165	26	ZARA MATTEO	TRIATHLONLECCO		ASM	28	00:47:29	00:47:26	12,65
166	130	TAVELLA FRANCESCO	HAPPY RUNNER CLUB		MM4	37	00:47:33	00:47:27	12,65
167	138	PIURI FABIO	RUNNING SARONNO		MM4	32	00:47:35	00:47:27	12,64
168	304	CALVI FABIO	GRUPPO SPORTIVO MERCURYUS	ITA	MM4	33	00:47:35	00:47:26	12,65
169	58	CROCI DANILO	ATL. LIB. FAEBER UBOLDO		MM4	38	00:47:36	00:47:27	12,65
170	12	CAMAGNI DAVIDE	G.S. VILLA GUARDIA		ASM	29	00:47:37	00:47:32	12,62
171	126	BALZAROTTI PAOLO	ATH.RUNNER & CLIMBER BUSTO A.		MM3	38	00:47:38	00:47:33	12,62
172	306	INVERNIZZI ANDREA	individuale	ITA	MM4	39	00:47:46	00:47:38	12,60
173	10	SCAFFIDI CLAUDIO	SOCIETA'ATLETICA BELLINZAGO		ASM	30	00:47:53	00:47:49	12,55
174	119	BAIETTI FRANCESCO	TOMMY SPORT- LA VALLE DEL LURA		MM3	39	00:48:05	00:47:56	12,52
175	231	MILANI FABIO LUCA	individuale		ASM	31	00:48:07	00:47:58	12,51
176	238	BERETTA GIANLUIGI	individuale		MM4	34	00:48:07	00:47:57	12,51
177	109	TREMOLANTI SERGIO	G.S. MONTESTELLA		MM5	10	00:48:13	00:48:08	12,46
178	240	GIAMMELLA CATALDO	individuale		MM3	40	00:48:14	00:48:12	12,45
179	209	GUALCO DAVIDE	individuale		MM3	41	00:48:14	00:48:06	12,47
180	228	DEL CORSO ROBERTO	individuale		MM5	11	00:48:16	00:48:11	12,45
181	80	PAGANI FABIO	RUNNING SARONNO		MM3	42	00:48:16	00:48:13	12,45
182	11	RIMOLDI MATTEO	RUNNING SARONNO		ASM	32	00:48:35	00:48:26	12,39
183	93	RIZZI LUCIO	ATL. SAN MARCO U.S. ACLI		MM3	43	00:48:38	00:48:35	12,35
184	210	CONTI PAOLO	individuale		MM4	35	00:48:40	00:48:33	12,36
185	185	BORGHESI CRISTIANO	RUNNING SARONNO		MM3	44	00:48:57	00:48:51	12,28
186	79	BOLZACCHINI GIANLUCA	G.S. ROVELLO PORRO		MM4	40	00:48:59	00:48:48	12,30
187	230	SCANAGATTA ERMANNINO	individuale		MM3	45	00:49:02	00:48:52	12,28
188	226	VIGANEGO GIULIO	individuale		ASM	33	00:49:04	00:48:59	12,25
189	290	CANZIANI PAOLO	individuale	ITA	MM5	11	00:49:07	00:49:02	12,24
190	90	DI LIBERTO NATALE	TOMMY SPORT- LA VALLE DEL LURA		MM5	12	00:49:11	00:49:05	12,22
191	32	BIANCHI SILVIA	RUNNING SARONNO		ASF	7	00:49:21	00:49:15	12,18
192	212	GERVASONI GIANMARIO	individuale		MM4	36	00:49:25	00:49:15	12,18
193	24	MAIORANO MAURIZIO	RUNNING SARONNO		ASM	34	00:49:29	00:49:26	12,14
194	255	CASIRAGHI STEFANO GIOVANNI	RUNNING SARONNO	ITA	MM4	37	00:49:30	00:49:25	12,14
195	154	BIANCHI MAURO	MARCIATORI MOZZATESI AVIS		MM4	38	00:49:50	00:49:46	12,05
196	202	RUMI LUIGI	individuale		MM3	46	00:50:03	00:49:55	12,02
197	107	CAREGNATO MAURO	MILANO CITY MARATHON CLUB		MM4	39	00:50:18	00:50:12	11,95
198	78	NEGRO DUILIO	AZZURRA GARBAGNATE M.SE		MM5	13	00:50:21	00:50:10	11,96
199	253	VIRGILI EMILIO	individuale	ITA	MM4	40	00:50:25	00:50:18	11,93
200	133	TRABUCCHI GIUSEPPE	G.S. DIL. VERGINE MARIA PA		MM5	12	00:50:26	00:50:22	11,91
201	259	ANDRIANO RAFFAELLA	GRUPPO PODISTICO RHODENSE	ITA	MF4	3	00:50:26	00:50:22	11,91
202	62	BENEVENTO CORRADO	ATLETICA PALZOLA		MM4	41	00:50:30	00:50:26	11,90
203	269	STEINSBERGER CORINNA	RUNNING SARONNO	ITA	MF4	4	00:50:41	00:50:35	11,86
204	291	BARBONE DANIELE	individuale	ITA	MM3	47	00:50:50	00:50:46	11,82
205	309	BEGOLO ELENA	individuale	ITA	MF4	5	00:50:52	00:50:48	11,81
206	161	BROGGI LORENZO	U.S. OLTRONESE		MM5	14	00:50:54	00:50:49	11,81
207	169	TROTTI AGOSTINO	MARCIATORI MOZZATESI AVIS		MM4	41	00:50:54	00:50:50	11,80
208	232	MALLARDI LORENZO	individuale		MM4	42	00:50:56	00:50:47	11,81
209	61	BORGONOVO SILVIA	U.S. ATL. VEDANO		MF4	3	00:51:06	00:50:57	11,78
210	265	SAMBROTTA PAOLA	individuale	ITA	MF5	1	00:51:09	00:51:01	11,76
211	287	BASILIO BARBARA	RUNNING SARONNO	ITA	MF4	6	00:51:11	00:51:04	11,75
212	163	JANNA TIZIANA	FRIESIAN TEAM		MF4	4	00:51:18	00:51:13	11,72

# Running Day - 10K

sabato 16 maggio 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
213	244	PODDA LAURA	individuale	ITA	ASF	8	00:51:21	00:51:11	11,72
214	88	DE MARCHI CLAUDIA	U.S. MILANESE		MF4	5	00:51:31	00:51:29	11,65
215	237	PUCCI STEFANO	individuale		MM3	48	00:51:57	00:51:46	11,59
216	201	LA BARBERA LEONARDO	individuale		ASM	35	00:51:59	00:51:53	11,56
217	262	VICENTINI MARCELLO	individuale	ITA	MM3	49	00:52:20	00:52:12	11,49
218	171	TOTARO CARMEN	ATL. STRAMILANO		MF3	4	00:52:27	00:52:20	11,46
219	266	COLOMBO FEDERICO	RUNNING SARONNO	ITA	MM3	50	00:53:01	00:52:52	11,35
220	184	BESSI ALESSANDRO	RUNNING SARONNO		MM3	51	00:53:05	00:52:59	11,32
221	106	AZZANI PATRIZIA	RUNNING SARONNO		MF4	7	00:53:14	00:53:11	11,28
222	303	D'ANGELO ANTONIO MASSIMO	AZZURRA GARBAGNATE M.SE	ITA	MM4	43	00:53:58	00:53:47	11,15
223	74	MOLLO ANTONIO	AZZURRA GARBAGNATE M.SE		MM5	13	00:53:59	00:53:47	11,15
224	311	CABRINI FRANCO	CANOTTIERI MILANO	ITA	MM6	1	00:54:18	00:54:10	11,08
225	310	MANZOLI EMANUELA	individuale	ITA	MF4	6	00:54:20	00:54:16	11,06
226	175	BACCHINI DANIELA	ATL. COMO		MF3	5	00:54:47	00:54:43	10,97
227	51	SABINO VITO	C.A.S.C.		MM5	14	00:55:12	00:55:12	10,87
228	286	PROSERPIO ANGELO	individuale	ITA	MM6	2	00:55:18	00:55:10	10,87
229	132	MALTAGLIATI ANDREA FABIO	ROAD RUNNERS CLUB MILANO		MM3	52	00:55:28	00:55:21	10,84
230	112	TERZI CRISTIANA	TOMMY SPORT- LA VALLE DEL LURA		MF4	8	00:56:12	00:56:08	10,69
231	166	MERONI RAFFAELE	A.S. CANTURINA POL. S.MARCO		MM4	44	00:56:13	00:56:06	10,70
232	111	CAPITANI ROBERTA	PGS RUNNING FENEGRO'		MF4	9	00:56:24	00:56:20	10,65
233	203	BUSNELLI GABRIELLA	individuale		MF3	6	00:56:51	00:56:42	10,58
234	284	D'ANGELO FILIPPO	individuale	ITA	MM5	15	00:56:51	00:56:50	10,56
235	263	PERDIGHE ADRIANO	individuale	ITA	MM3	53	00:56:52	00:56:45	10,57
236	225	BINI NICE	FISI		MF4	7	00:56:52	00:56:46	10,57
237	94	RIVA GIAMPAOLO	TOMMY SPORT- LA VALLE DEL LURA		MM5	16	00:57:35	00:57:30	10,44
238	224	ZANGARINI MARIO	individuale		MM4	45	00:57:35	00:57:30	10,43
239	136	VITA LUIGI	P&C PODISMOECAZZEGGIO		MM4	42	00:57:42	00:57:31	10,43
240	299	MARIANI ILARIA	individuale	ITA	ASF	9	00:57:44	00:57:36	10,42
241	134	MAGISTRI PAOLA	RUNNING SARONNO		MF4	8	00:58:50	00:58:43	10,22
242	162	BRAMBILLA ORIELLA	U.S. OLTRONESE		MF4	10	00:58:51	00:58:46	10,21
243	170	ANDIAZABAL CARLOS	ROAD RUNNERS CLUB MILANO		MM5	17	00:59:54	00:59:46	10,04
244	68	BRUSEGAN BARBARA	RUNNING SARONNO		MF4	9	01:00:03	00:59:56	10,01
245	176	DICORATO ROBERTO	ATL. COMO		MM3	54	01:01:13	01:01:10	9,81
246	99	DE NICOLO' NADIA	RUNNING SARONNO		MF4	11	01:01:44	01:01:40	9,73
247	239	VOLONTE' DOMENICO	individuale		MM4	43	01:01:49	01:01:39	9,73
248	257	RIENTE GAETANO	individuale	ITA	MM5	15	01:02:21	01:02:14	9,64
249	250	ROSCINI ROBERTA	individuale	ITA	MF4	12	01:03:14	01:03:06	9,51
250	223	MANCINI PIERLUIGI	individuale		MM4	44	01:03:14	01:03:07	9,51
251	222	RAMPOLDI MARCO	individuale		MM4	45	01:03:15	01:03:07	9,51
252	312	VIRZI' LUCA	POL.GILDA INSEGNANTI	ITA	ASM	36	01:04:07	01:04:02	9,37
253	246	GOFFREDI MONIA	individuale	ITA	ASF	10	01:04:24	01:04:14	9,34
254	235	RODRIGUEZ PAOLA	individuale		ASF	11	01:05:42	01:05:32	9,15
255	218	LA BARBERA AGOSTINO	individuale		MM6	3	01:05:43	01:05:36	9,15
256	204	CAMPAGNANO MARILENA	individuale		MF5	2	01:05:55	01:05:47	9,12
257	289	PANTANO ENRICO	individuale	ITA	MM3	55	01:06:38	01:06:29	9,02
258	279	CATTANEO ELENA	individuale	ITA	MF4	13	01:06:54	01:06:43	8,99
259	102	COMPARELLI ETTORE	ROAD RUNNERS CLUB MILANO		MM5	18	01:07:50	01:07:41	8,86
260	56	VITALI MAURO	RUNNING SARONNO		MM3	56	01:11:01	01:10:51	8,47
261	234	HURTADO MARIA	individuale		MF5	3	01:13:17	01:13:08	8,20